

FOR IMMEDIATE RELEASE



## **MOTOR CITY COMIC CON ANNOUNCES YOGA CLASS, “YOGIS OF ANARCHY”**

*An introduction to Kundalini Yoga with Charlie Hunnam and Ryan Hurst  
Sunday, May 19th from 8:30 AM to 9:30 AM  
Happiness is your birthright*

NOVI, MI. (March 13, 2019) – Motor City Comic Con, Michigan’s longest and largest comic pop-culture event, is pleased to announce “Sons of Anarchy” stars Charlie Hunnam and Ryan Hurst will teach an introduction to Kundalini Yoga class on Sunday, May 19<sup>th</sup> at 8:30 AM. Tickets for “Yogis of Anarchy” are on sale now on the Motor City Comic Con website and cost \$75.00. Attendees are encouraged to bring their own yoga mat and to wear loose fitting clothes as well as a head cover or a hat. All attendees will have to provide proof of admission upon entering the yoga class. To purchase tickets, go to [www.motorcitycomiccon.com/tickets](http://www.motorcitycomiccon.com/tickets).

Kundalini Yoga, was brought to the West in 1969 by Yogi Bhanjan, is an uplifting blend of spiritual and physical practices and incorporates movement, dynamic breathing techniques, meditation, and the chanting of mantras. The goal of this type of yoga is to build physical vitality and increase consciousness. The power of this yoga comes from the Kundalini (Sanskrit for “coiled serpent”), an enormous reserve of untapped potential within each of us, located around the sacrum or “sacred bone” at the base of the spine. By using proven techniques to gradually awaken this benign serpent and safely deploy its amazing beneficial powers, your life will be transformed into one of health, happiness and harmony. You will enjoy an elevation in consciousness, promotion of physical well-being and an expansion of awareness. You will feel more relaxed and at ease with yourself than you have ever felt before.

Charlie Hunnam is known for his roles as Jackson "Jacks" Teller in the FX drama series “Sons of Anarchy” (2008–2014), Pete Dunham in “Green Street Hooligans” (2005), Nathan Maloney in the Channel 4 drama “Queer as Folk” (1999–2000), Lloyd Hay the in the Fox comedy series

“Undeclared” (2001–2002), the title role in “Nicholas Nickleby” (2002), Raleigh Becket in “Pacific Rim” (2013), Percy Fawcett in “The Lost City of Z” (2017), and in the title role of Guy Ritchie’s “King Arthur: Legend of the Sword” (2017).

Ryan Hurst is an American actor, best known for his roles as Gerry Bertier in Disney’s “Remember the Titans”, Tom Clark in “Taken”, Opie Winston in the FX network drama series “Sons of Anarchy”, as Sergeant Ernie Savage in “We Were Soldiers”, as Chick in “Bates Motel”, and most recently announced as the newest villain “Beta” in ABC’s Walking Dead.

This year will be monumental as Motor City Comic Con embarks on its 30th year and is expected to be the biggest convention in their history. Motor City Comic Con will utilize Suburban Collection Showplace’s newly expanded 180,000 square foot space by adding more events, exhibitors, media guests and comic guests as well as plans to introduce new concepts. Fans can expect to experience Sparkle trivia and Geek Speed Dating along with more exciting activities to be announced. This annual event attracts over 60,000 attendees each year with the opportunity to increase attendance for 2019. Fans can still expect all their traditional favorites such as Cosplay Contest with celebrity judges, an after-party on Saturday night and many kid-friendly activities.

Tickets can be purchased on the Motor City Comic Con website at [www.motorcitycomiccon.com](http://www.motorcitycomiccon.com). Online fees may apply.

**General Ticket prices and packages:**

Adult Pricing (ages 13 and up)

Friday – \$30

Saturday – \$40

Sunday – \$30

VIP – \$220

Adult Weekend Pass – \$80

Kids 5 and under are free all weekend

Kids 6-12 are \$10 on Friday and Saturday but Free on Sunday

Kids Weekend – \$20

Sunday is Kids Day – All kids 12 and under are free

The 2019 Motor City Comic Con will be held at the Suburban Collection Showplace which is located at 46100 Grand River Avenue in Novi, Michigan on Friday, May 17 (12:30 p.m. to 7 p.m.), Saturday, May 18 (10:30 a.m. to 7 p.m.) and Sunday, May 19 (10:30 a.m. to 5 p.m.). Doors open 30 minutes earlier for advance ticket holders. Future announcements of media guests, comic guests, exhibitors and events will be announced and posted to [www.motorcitycomiccon.com](http://www.motorcitycomiccon.com) in the coming months.

Follow Motor City Comic Con on [Facebook](#), [Instagram](#) and [Twitter](#) for more details on upcoming new guests, programming, limited VIP packages, photo opportunities and more.

**ABOUT MOTOR CITY COMIC CON:**

Michigan's largest pop-culture event since 1989, Motor City Comic Con gathers comic book and multimedia dealers from across the country, offering a vast variety of pop-culture merchandise, including comics, art, t-shirts, movie memorabilia, posters and more. Over 300 comic book creators, writers and artists are featured at Motor City Comic Con each year, as well as actors from the television and movie industry. Motor City Comic Con offers fun for kids young and old. For more information, visit <http://www.motorcitycomiccon.com>

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**For more information and interview opportunities, contact:**

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